

The P.A.C.E. Center

2008-2009 ANNUAL REPORT

www.mhapedmont.org

P.A.C.E. At A Glance . . .



The P.A.C.E. Center is a 501 (C) 3 organization that was formed in May 2007 when Carolina Counseling (founded in 1936) merged with Mental Health America of the Piedmont (founded in 1944). The organization provides advocacy, counseling, and education programs and services on mental health issues.

The P.A.C.E. Center provides programs and services throughout the upstate of South Carolina with our primary focus on Spartanburg, Union, and Cherokee Counties. Our offices are located at Suite 101B in the Business Technology Center at 145 North Church Street in downtown Spartanburg.

The mission statement of the P.A.C.E. Center is to advance mental wellness in the lives of individuals, families and the community at large through prevention, advocacy, counseling, and education.

2008-2009 Board of Directors

Susan Bird	Chair
Penni Kucaba	Vice-Chair
Lynda Wallace	Secretary
Rebecca Bulman	Treasurer
Liza Owens	Parliamentarian
Evelyn Blakely	
Valeree Browning	
Jamie Ellison	
Don Miles	
Dr. Jennifer Parker	
Cathy Smith	
Doug Smith	
Susan Ward	

P.A.C.E. Center Staff*

Beth Summer-Strait, M.Ed.	Executive Director
Trez Clarke	Program Director
Dr. Roger Rhoades, M.Div, LPC	Senior Clinician
Heather Ravnan, LISW-CP	Therapist
Amy Richards, LMSW	Crime Victim's Therapist
Michelle Evans, LPC	Children's Therapist
Sharon Fox	Office Manager
Megan Wall	Receptionist/ Bookkeeper
Jamison Smith	Contracted Employee - DVB Group
Kathryn Scales, LPC	Contracted Employee

* We are delighted to report that all of our agency's clinical staff are master's level state licensed professionals.

OVERVIEW

2008- 2009 has been a very exciting, challenging, and productive period for all of us at The P.A.C. E. Center. We have made some changes programmatically and we have worked hard to provide the highest quality programs and services to the community. Additionally, we move our physical office space this year bringing both our administrative wing and our counseling wing into one facility. We are very proud to offer this overview of our accomplishments and we hope that you will join in our enthusiasm and anticipation as we look forward to offering even more in the years ahead.

This Annual Report will offer a look at the following areas:

Finances

Counseling Services

Education

Advocacy

Employee Assistance Program

New Programs

Media

The Power of Partnership

The Value of Volunteers

P.A.C.E. on the Web

The Mind Ball

FINANCIAL REPORT: 2008-2009

New Income for 2008-2009:	New Contracts:	\$41,600
	New EAP Contract:	\$1000
	Grants:	\$600
	Total New Income:	\$43,200

BUDGET

<u>EXPENSES:</u>	Payroll	\$266,545.00
	Employee Benefits	9000.00
	Rent	17,400.00
	Professional Fees	6000.00
	Supplies	3000.00
	Phone	6000.00
	Postage	864.66
	Insurance	10618.67
	Equipment	4623.46
	Printing	508.22
	Training	3000.00
	Conferences	1000.00
	Organizational Dues	2000.00
	Travel	2420.99
	Total:	\$ 332,981.00

<u>INCOME:</u>	United Way Prog Funds	\$66,300.00
	United Way Donor Funds	6506.00
	Crossroads	9875.00
	SCMHA	12,000.00
	Donations	5000.00
	Mind Ball	31000.00
	SCDSS	25,000.00
	VOCA	32,000.00
	Regenesis	24000.00
	Piedmont Community Actions	10,800.00
	Piedmont Care	25,680.00
	Youth Build	5120.00
	Program Fees	74,700.00
	Misc. Income	5,000.00
	Total Income:	\$332,981.00

Counseling Services

The P.A.C.E. Center provides counseling for individuals, families, couples and victims of crime. We offer a sliding scale for payment based on nationally accepted poverty guidelines used by state agencies such as the Department of Social Services. Our counseling programs include the following:

Individual, Marriage, and Family Program: This program offers outpatient therapy by a licensed clinician. The majority of clients in this program are the “working poor” and are usually not covered by insurance that covers mental health treatment. Fees for this program are determined for each family based on standard poverty guidelines and range from \$80 per session to \$20 per session, according to family size and household income.

In 2008-2009 this program provided 1800 hours of service to 450 individuals and families

Domestic Violence Batterers Program: Offered in group sessions this program serves both female and male Criminal Domestic Violence offenders who are usually court ordered and must complete this state mandated twenty-six week program as part of their sentencing. The cost for this program is \$25 per session.

In 2008-2009 this program provided 9750 hours of service to 375 individuals.

Crime Victim’s Program: Begun in 2001 through grant funding from the Victims of Crime Act, the target population for this program is any crime victim who is considered underserved, including victims of sexual assault, home burglaries, and robbery, muggings, arson, and DUI accidents, and surviving family members of homicide, and adult survivors of childhood physical, emotional, or sexual abuse. Any individual who has been a victim of a crime may receive free individual and group counseling as long as there is need. This program is now run by a Licensed Master Social Worker.

In 2008-2009 this program provided 1710 hours of service to 285 individuals.

Children's Services: In April 2009 we began offering counseling for children and youth ages five and up. Michelle Evans, a Licensed Professional Counselor, provides this service twelve hours each week.

Regenisis Medical Center: The P.A.C.E. Center places Kathryn Scales, a Licensed Professional Counselor at Regenisis for twelve hours per week to work with children and adults who were diagnosed with mental health conditions.

Piedmont Community Actions: In November 2008 we began contracting with this local non-profit organization to provide bi-annual assessments of all the students enrolled in their Headstart programs in Spartanburg and Cherokee counties. In addition to the clinical assessments we also contract to provide monthly educational training to both the program staff and parents. Kathryn Scales provides the assessment and counseling services and Trez Clarke conducts educational training.

Piedmont Care: In the Fall of 2008 we began a partnership with this local agency that serves individuals with HIV/AIDS. Our services here are two-fold in that we offer direct individual counseling with Heather Ravnar and Trez Clarke facilitates a monthly support group for clients of this agency.

Youth Build: Beginning in April 2009 The P.A.C.E. Center places Michelle Evans, at this program of the local Housing Authority to provide assessment, individual, and group counseling.

Support Groups : The P.A.C.E. Center offers several support groups to respond to community need. Our weekly Grief Support Group meets each Wednesday and has served more than 50 individuals and families in the past year.

Veterans Services : In response to community demand, The P.A.C.E. Center began providing many special services and programs for our area veterans and their families. Working with such local groups as Wounded Warriors, the Veterans Affairs Office, and Blue Star Mothers, we have provided six information sessions open to the general community. We have also done training for veterans and their families on stress, Post Traumatic Stress Disorder, and other mental health issues facing this special population. We are currently working with the local VA Clinic to provide individual and family counseling to their clients. Additionally, we offer a special section on our website with links to sites pertinent to military personnel and their families.

EDUCATION

Workshops, training events, a resource library of more than 200 titles are all part of our education program. The QPR Suicide Prevention training alone has been a significant addition to our education outreach. This national model uses simple, easy to remember techniques to teach the lay person how to intervene and save the life of a loved one who is contemplating suicide.

Additional educational programs include presentations on stress management, time management, anger management, the impact of mental illness on seniors, and the impact of mental illness in the workplace, helping youth deal with trauma, and dealing with depression. We also offer a free Depression Screening each October in both Union and Spartanburg counties.

Through out extensive electronic network, we email flyers each month on various mental wellness topics and to alert the public to upcoming events. This year we reached more than 140,000 individuals with these materials.

In 2008-2009 the PACE Center's staff conducted more than 50 programs across the upstate reaching more than 70,000 individuals. In addition to the educational presentations we frequently receive requests for printed materials from our resource library. This year we provided more than 50,000 printed materials on various mental health topics.

ADVOCACY

Advocating for individuals with mental illness is a major component of our agency. Providing a voice for those persons who often feel they have no voice is a huge responsibility and one which we take very seriously. In the past year we have provided advocacy services to more than forty individuals on everything from assistance in securing appropriate treatment, to locating housing and applying for federal financial assistance.

In addition to individual advocacy work, our executive director addresses the local legislative delegation quarterly and works to keep both the statewide leaders and our representatives in the U.S. Senate and Congress informed on mental health issues. Our director works closely with both the offices of Congressman Bob Inglis and Senator Jim DeMint in providing mental health expertise to assist their constituents and other matters.

CROSSROADS

This weekly psycho-social recreational group served adults with severe mental illness. Volunteers helped the Crossroads program coordinator provide special events such as holiday parties, craft demonstrations, field trips, and entertainment. Unfortunately due to budget cuts the SCDMH had to discontinue all funding for this program leading to its closure.

EMPLOYEE ASSISTANCE PROGRAM

The P.A.C.E. Center offers a competitive EAP that currently provides more than thirty area companies with counseling services. These companies make direct referrals to our agency for assessment and counseling for their employees. Each EAP contract provides for brief therapy (1-5 sessions) including assessment and weekly counseling sessions. Confidentiality is maintained with only stats on usage reported to the company with no identifying information.

NEW PROGRAMS

In 2009 The P.A.C.E. Center began a focus on the value of art as a recovery model for individuals with mental illness. Through two special programs we are using art in all forms to expand the lives of adults with mental illness. Through the Mind's Eye is a monthly program run by our Program Director Trez Clarke that brings adults together to experience all forms of art from drawing, painting, and sculpture to music and dance. This program meets throughout the year. Volunteer Betsy Adams is conducting ten-week sessions based on the book, *The Artist's Way*. Demand for this program has already been exceptional and we hope to continue it throughout the year.

MEDIA

The media has been very responsive to the work we do at The P.A.C.E. Center. We appear six times per year on 103.3 FM's "Awake with Drake", and area frequently featured on the "Morning Show with Mike Stevens" on Union County's WBCU FM 103.5. Both of these programs reach seven counties in the upstate.

The Spartanburg Herald-Journal has been a tremendous supporter featuring more than 30 stories on our agency and the programs and services we offer. With the paper's readership standing at more than 235,000 persons, this partnership has afforded us unprecedented promotion of our work.

WSPA TV 7 is another wonderful partner in helping us promote mental wellness. Featuring P.A.C.E. Center programs in 20 stores this past year the station also has secured our lead clinician, Dr. Roger Rhoades as a regular guest on the "Your Carolina with Jack & Kimberly" show. Dr. Rhoades is now recognized as the show's "resident therapist" and has appeared monthly. We have also appeared on "Your Carolina" to promote other programs such as "Through the Mind's Eye" and "The Mind Ball". With more than one million households receiving WSPA TV we are able to spread our message of mental wellness to the masses.

In total for this year we have been featured in 12 radio interviews, 20 television interviews, and 38 print features including newspapers and magazines.

The Power of Partnership

The P.A.C.E. Center continues to build new partnerships and strengthen those previously established. Please note the following P.A.C.E. Partners:

HOMETOWN HEROES	UPSTATE PARENT MAG
WORKFORCE INVESTMENT BOARD	WOUNDED WARRIORS
CAREERSOURCE	PIEDMONT CARE
CHILD ADVOCACY CENTER	CARE CONNECTION
CENTER FOR NON-PROFIT LEADERSHIP	C.A.R.E.
UNITED WAY	CENTER MAG
OFFICE OF SENATOR JIM DEMINT	VOC REHAB
OFFICE OF CONGRESSMAN BOB INGLIS	VA CLINIC
SPARTANBURG COUNTY VETERANS AFFAIRS	SMC
BLUE STAR MOTHERS	SCDAODAS
AARP	
SPARTANBURG REGIONAL HEALTH CARE SYSTEM	
MARY BLACK HOSPITAL GERO-PSYCH CENTER	
MOBILE MEALS	SPTBG PUBLIC SAFETY
CONGREGATIONAL NURSES	SPTB COUNTY SCHOOLS
SC BUSINESS COALITION ON HEALTH	PALMETTO BEHAVIORAL HLT
SPARTANBURG COUNTY FOUNDATION	REGENESIS
MARY BLACK FOUNDATION	UPSTATE FATHERHOOD COALITION
MENTAL WELLNESS PARTNERSHIP	CCCADA
NEW DAY	MEDICARE EXTRA
ALZHEIMER'S ASSOCIATION	UPSTATE PARENT NETWORK
SPARTANBURG AREA MENTAL HEALTH CENTER	
WALLACE THOMSON HOSPITAL	SPARTANBURG COUNTY DSS
SOLICITOR'S OFFICE	SPARTANBURG MAGISTRATE COURT
SPARTANBURG MUNICIPAL COURT	
USC UPSTATE	
SPARTANBURG COMMUNITY COLLEGE	
WESTGATE TRAINING AND COUNSELING	
CAROLINA CENTER FOR BEHAVIORAL HEALTH	
NAMI	
SURVIVORS OF SUICIDE	
SCMHA	
HUB BUB	

The Value of Volunteers

Volunteers are vital to the life of any small non-profit organization. We are so fortunate here at The P.A.C.E. Center to have so many dedicated volunteers who recognize the power of their time, expertise, and compassion in the lives of our clients.

In 2008-2009 we welcomed more than 40 volunteers who provided more than 7800 hours of service to our various programs and projects.

P.A.C.E ON THE WORLD WIDE WEB

We have worked very hard to develop an informative and up to date website. We have pages detailing our programs and services and numerous links to related sites. We are pleased to report that we are averaging more than 1,000 visitors per month to our website. Please visit our website at www.mhapiedmont.org.

The Mind Ball

The annual fundraiser of the P.A.C.E. Center is The Mind Ball. Started in 2004 this formal dinner and dance with live and silent auctions serves as the signature event for our agency and we are excited to present it again on October 23, 2009 at The Piedmont Club. Community sponsors and donations will be listed on our website with photos of past events.